

The FCJ Refugee Centre is an open space that welcomes all uprooted persons, and works from an intersectionality lens to offer client-centred services. Many of the people that come to the Centre for support may have experienced various forms of oppression, thus we strive to ensure spaces that are safe and free from discrimination. Through our vast networks and close ties, we are able to effectively direct and support people as they make their new path.

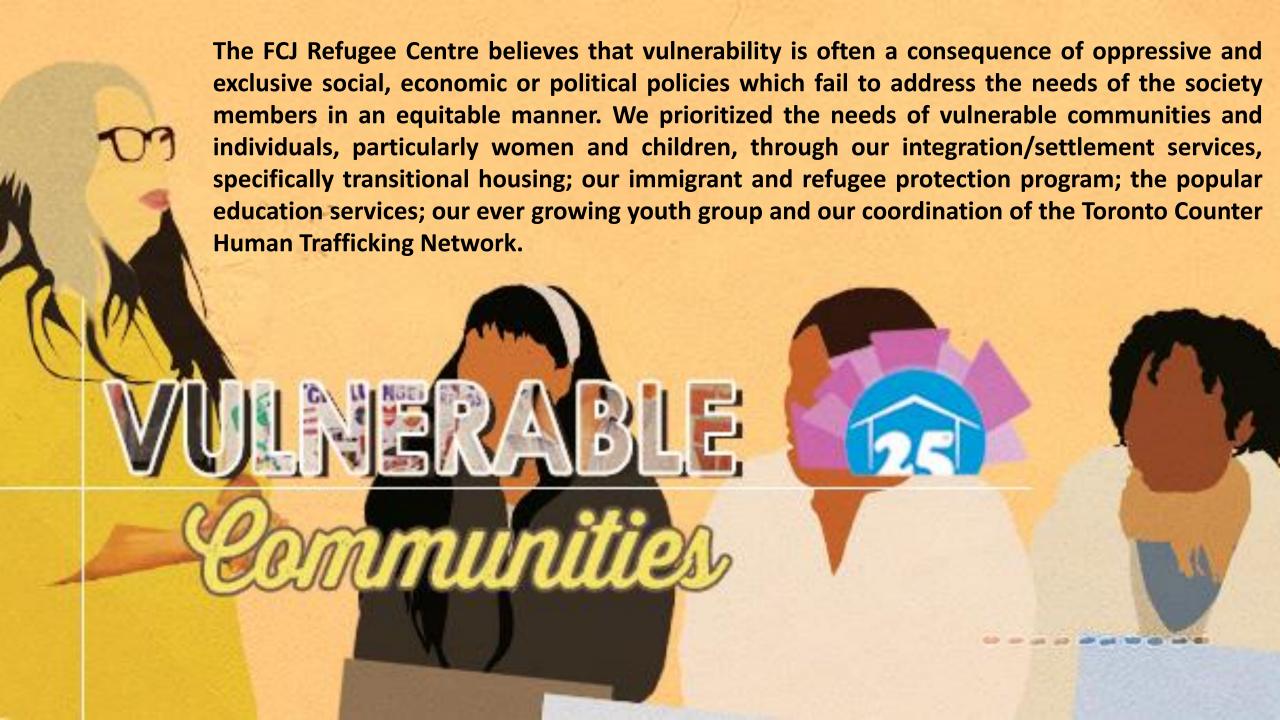


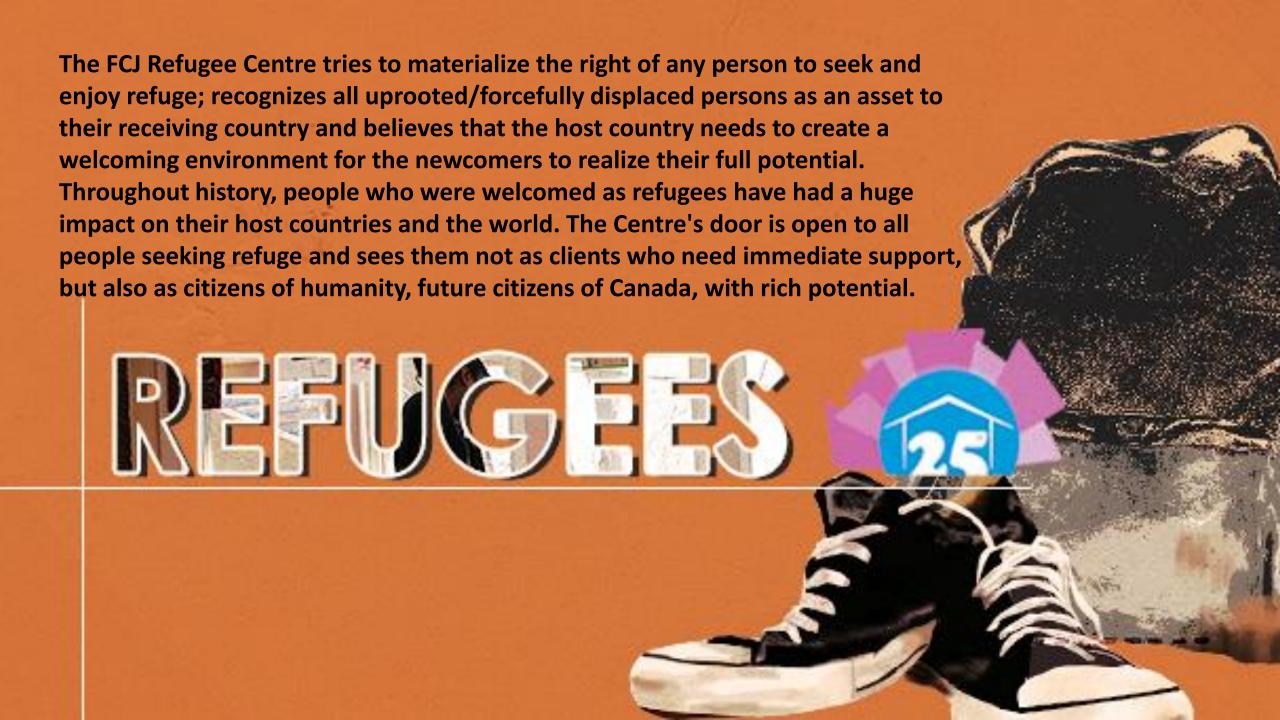
FOR REFUGEES

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The FCJ Refugee Centre offers to uprooted people, regardless of immigration status, a holistic approach which integrates their compelling story, their unique set of needs and their own barriers. As such we attempt to offer the greatest quantity and quality of services and supports possible.







The FCJ Refugee Centre works with survivors of human trafficking offering support with immigration and settlement needs and advocating at the municipal, provincial and federal level to ignite political change to improve protection for them. The Centre believes: 1) human trafficking is largely driven by social, economic and political inequities; 2) the best protection for any trafficked person is his/her integration in the society that witnessed the human trafficking exploitation and cruelty and; 3) this phenomenon will continue to flourish as long as these local and global factors are not addressed by government policy in a coherent and strategic manner





The fundamental unit of any society is family, biological or not. In our office we feel like a family and interact like a family. We care for each other as members of one family, and our family keeps growing. That is why FCJ gives high priority to family integration, as all families should be united.



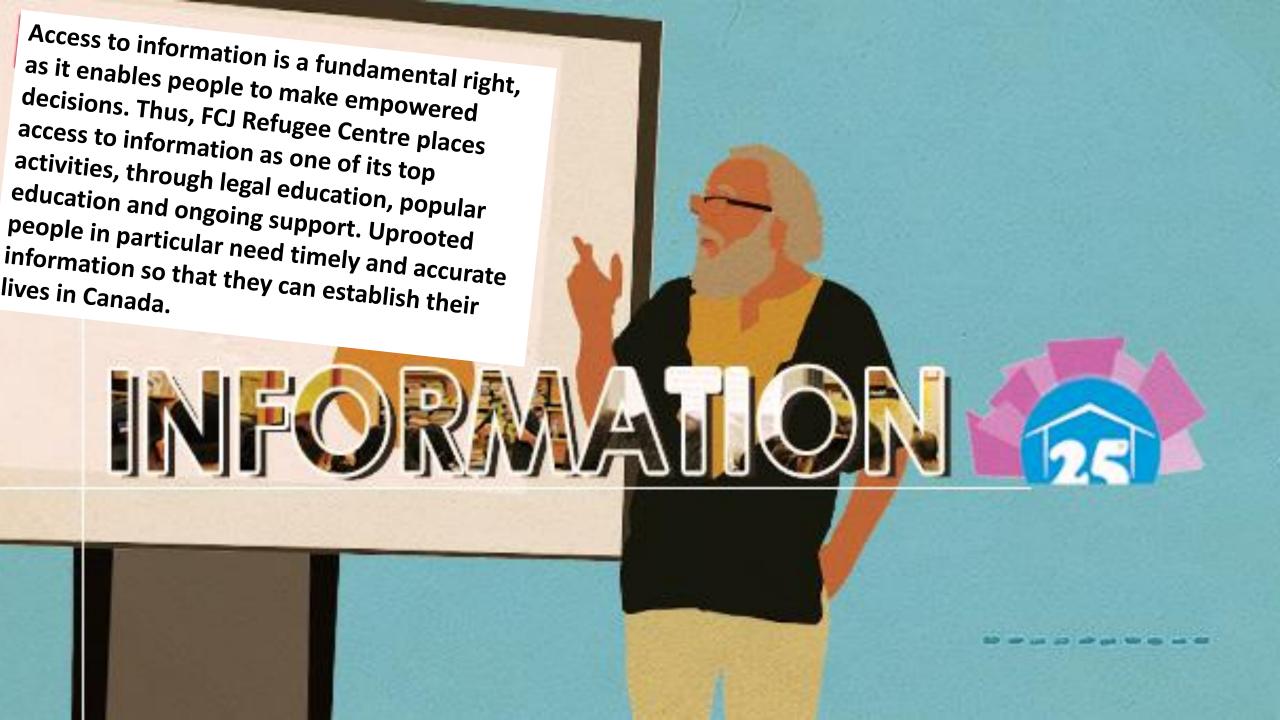
FCJ Refugee Centre's model of care is holistic, focusing on improving mental, physical and spiritual health. Through a variety of supportive programs and initiatives, the Centre has helped newcomers to take control of their bodies, minds and lives thus improving their overall wellness. We aim to help individuals to de-stress and cope with the challenges of living in a stressful environment.

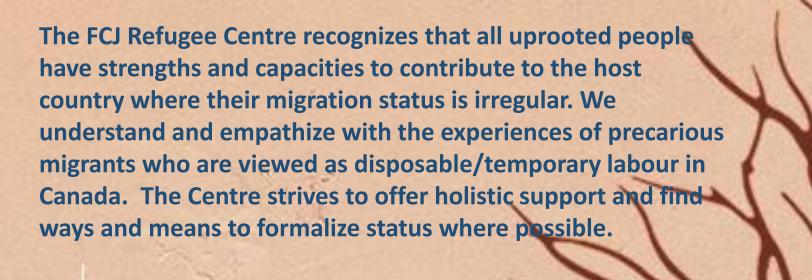
SELF-CARE DE Mental Eleatin Support

Recreation is crucial to human development, supporting creativity, health and social interaction. At the FCJ Refugee Centre, we strive to offer recreational opportunities for the youth network, the residents and other members of our community. Through these activities we have not only learned and taught new things, but were able to express ourselves in new ways.



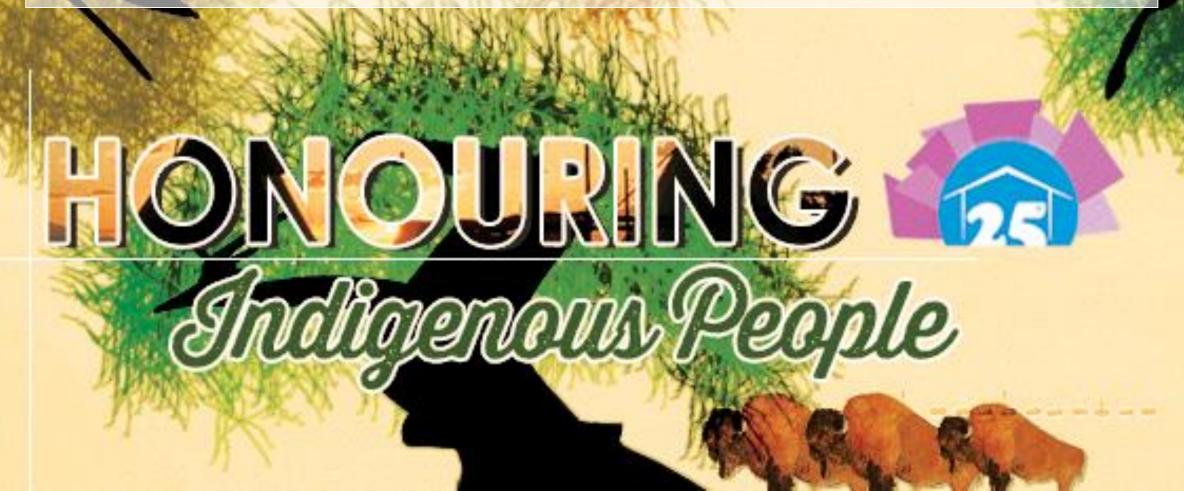






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The FCJ Refugee Centre respectfully acknowledges our location on the traditional land of the different indigenous communities who have walked here; we recognize all people on this land as Treaty people, and stand in solidarity with Indigenous communities striving for self-determination. We also recognize that refugees, migrants and the Indigenous Peoples of Canada have shared similar experiences with injustice due to persecution, oppression, colonization, discrimination, stereotyping and exclusion, and we work to illuminate those connections in our community.

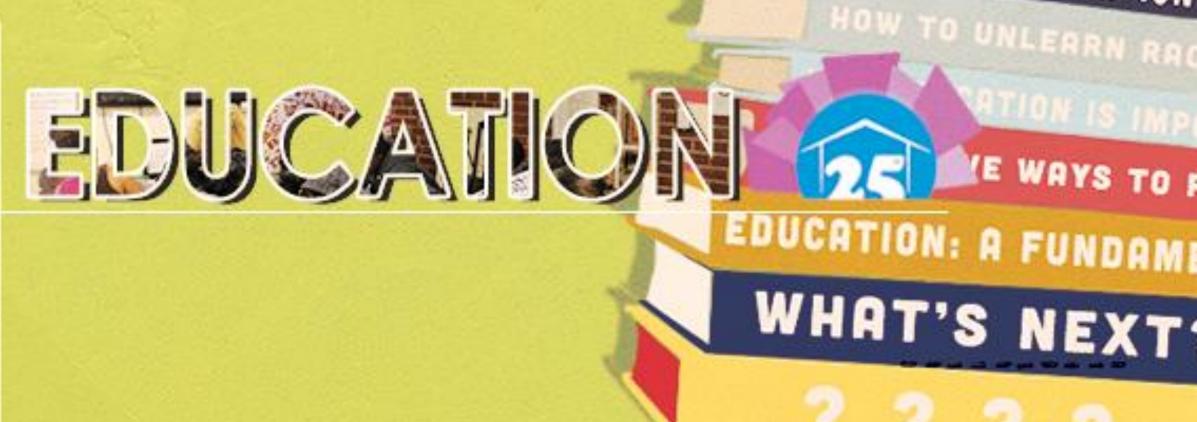




One of the core services we provide is the transitional housing program for recently arrived women and their children. We welcome refugee women from all around of the world, who are able to build new and diverse communities. The FCJ Refugee Centre also prioritizes the need for shelter by reserving emergency spaces so that there is always a bed available.



The FCJ Refugee Centre sees education and the access to it, as a human right and as the most powerful instrument for humanity broadly, and for every individual as a human being. As such, the Centre works hard to increase access to education at all levels, for everyone, particularly for uprooted youth, regardless of their immigration status. Educated youth are the future of this country.



The FCJ Refugee Centre considers itself as part of the national and international community in the support of and advocacy for refugees. We work and network with different national and international organizations, partner with local organizations and develop relationships with diverse individuals.



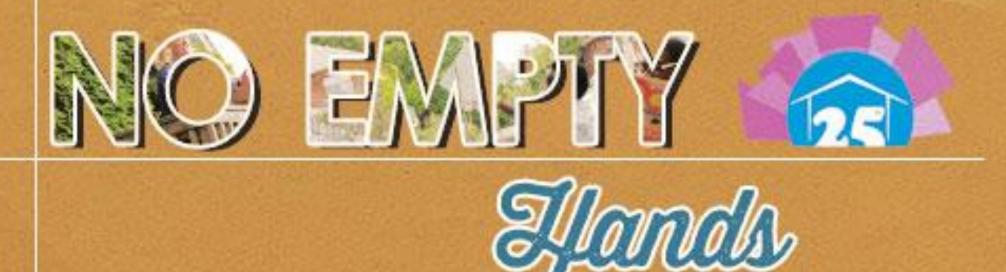
Members of the FCJ Youth Network have defined youth engagement as "the meaningful and ongoing inclusion and participation of self-defined youth in the activities of the FCJ Refugee Centre – including program development, program implementation, planning, decision-making and even employment." The FCJ Refugee Centre believes that youth are the driving force for the advancement of any society and is committed to offering a space that is an easily accessible and inclusive where the youth will be fully valued, recognized and engaged. We believe that this space is shaped by the youth, and as such should continually acknowledge and celebrate their talents, resiliency and contributions to society.



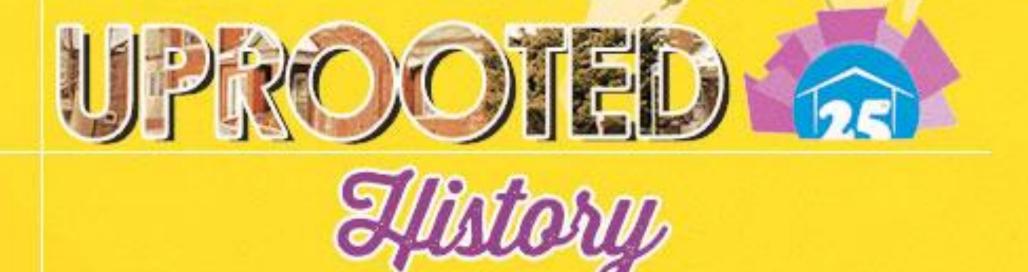


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The FCJ Refugee Centre's motto is to never send anyone away with empty hands. Whatever the issue, worry or concern that someone might have, the Centre either provides appropriate services directly, as we may already offer that service or people gave us the chance to learn with them, or we refer the person to the right place where they can get the services they need.



The FCJ Refugee Centre recognizes that while people become uprooted for many different reasons, they each have an unedited and untold personal history. At the Centre, we walk with, support and empowered uprooted people to navigate their own path. We also feel that Canadian society can only grow in richness and strength when people learn about each other's histories and why/how some of us were uprooted from our original homes.



The FCJ Refugee Centre is a grassroots organization. Yet, while we are small, we are able to accomplish many things! The Centre believes that issues, particularly marginalization and oppression, can be addressed from the ground up through grassroots-level work. By walking with uprooted people, we identify gaps in systems and services and try to remedy them with few resources but plenty of peer and ally heads and hands.



The FCJ Refugee Centre recognizes that there is a vast and ever-growing constellation of identities within the LGBTQ+ community(ies). We also recognize that oppression and discrimination for individuals within this constellation take many different forms. As such, the Centre works to be organic in our reception and response, working towards creating a positive space free from judgement, assumption and discrimination.



The FCJ Refugee Centre is not limited to the pursuit of short term solutions for refugees, but engaged in social justice oriented advocacy and the promotion of newcomer rights in their new society. The Centre works to impact policy makers to develop a broader view of migrant issues in order to formulate sound policy at the municipal, provincial and national level.



The FCJ Refugee Centre understands intersectionality as intersecting social identities, such as age, gender, gender identity, ethnicity, class, social status, immigration status, sexual identity, experiences with authority, violence, etc., shape our uniqueness and inform our complicated relationships with power, privilege and oppression. Intersectional approaches invite us to value the diversity of those around us rather than make assumptions.



The FCJ Refugee Centre deeply understands the feeling and value of the kitchen in the culture of uprooted people. Once people are uprooted, it may be a long time before they can get settled in their own home and at their own kitchen table. Not only do staff, students and volunteers eat together every day, but our vision of community welcomes newcomers to join us around our kitchen table and feel that they are at home away from home. For a family, eating together in a kitchen is the utmost expression of solidarity, safety, of feeling at home.

