

FCJ 2015

REFUGEE CENTRE Holiday Newsletter

Best wishes for the New Year!

Thank you
for all your
support
through 2015

LET'S CELEBRATE HOLIDAYS AND SUPPORT FCJ REFUGEE CENTRE BY BUYING A CHRISTMAS TREE.

The holiday season is here and the FCJ Youth Network is selling Christmas trees at IKEA North York Location: 15 Provost Drive, North York, Ontario M2K 2X9 (Leslie).

The tree selling season is from November 20th to December 22nd. Every time that you buy a tree at this location, you will be supporting newcomers and refugees.

Also when you purchase a natural fir tree for \$20 you will receive a coupon for \$20 off an Ikea purchase of \$75 or more.

WE DID IT!!!

We just reached more than 1,000 likes! Thank you all so much for your support.

Together, we'll keep working for making this world a better place for refugees, uprooted people and anyone at risk due to their immigration status, or in need of help in the hard process of rebuilding their lives in a new society.

Learn more about us at our website:

www.fcjrefugeecentre.org/
spread the word, and, again,
thank you for being there.

Page Likes

1,146 Total Page Likes
▲4.3% from last week

47
New Page Likes
▲9.3%

Post Reach

13,160 To



FCJ REFUGEE CENTRE
WALKING WITH UPROOTED PEOPLE

LEARN AND EXPERIENCE THROUGH THE ART

The implementation of a weekly Art Class is one of the projects for 2016. We invite children from 6 to 12 years old to join the group.

Some of the benefits of the art class:

- Think creatively, with an open mind
- Express feelings through art expression
- Improve language skills and get familiar with art related vocabulary words
- Discover that there is more than one right answer, multiple points of view
- How to share and collaborate with other children
- Know more cultures from around the world
- Blossom and excel in the arts
- Build confidence: feel pride of artistic creations.
- Experience the joy of creation
- Build community: celebrate art with new friends
- Relax and smile because art is FUN!



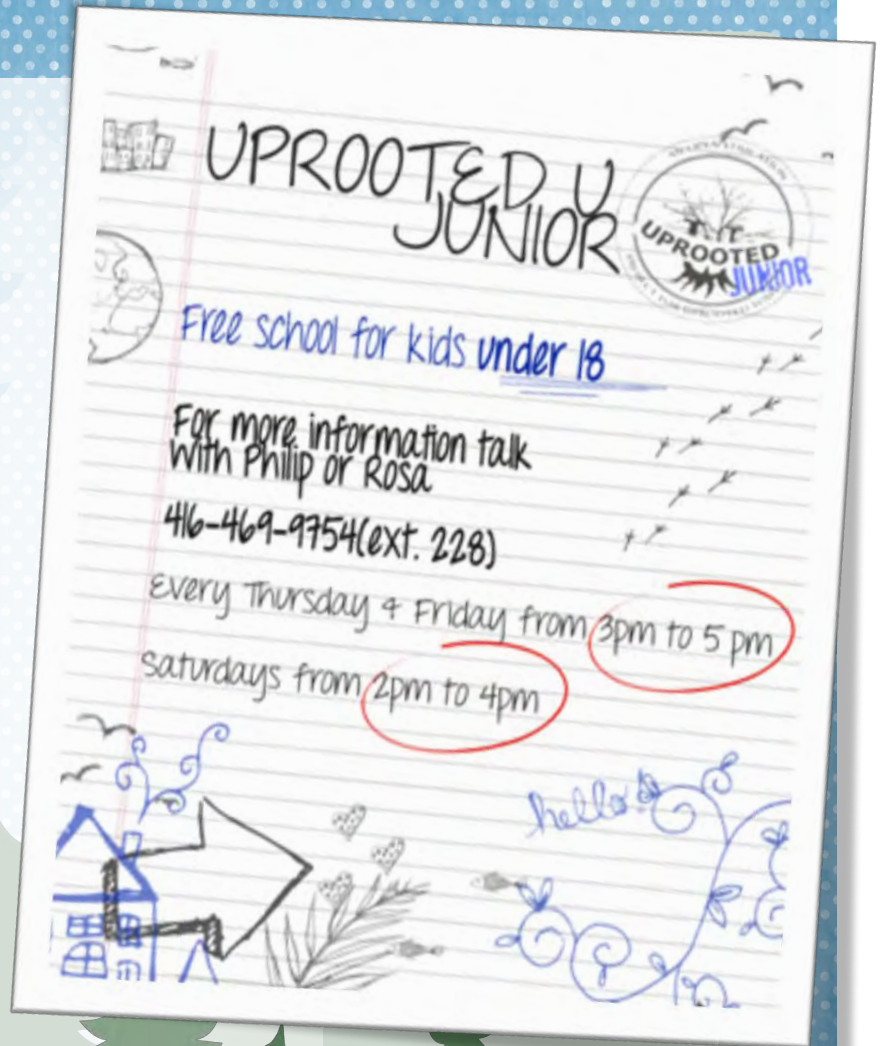
UPROOTED U JUNIOR

Due the challenges many families are facing registering kids at school FCJ Refugee Centre started a youth-led program that helps them adjust to the Canadian school system. The program aims to help them catch up to their assumed grade and begins to teach English as a Second Language.

The group meet twice a week in the afternoon and for 2 hours children practice mathematics, language arts and English.

Since the fall 2015 we held more than 25 classes with the participation of around 6 to 10 children.

We hope to continue supporting children through this program in the coming year. If you want more information contact Rosa Solorzano or Philip Ackerman



FROM YOUTH TO YOU: A TOOLKIT FOR MIGRANT YOUTH

During the fall season the Youth Network launched the youth toolkit and the video My Voice .

The toolkit outlines the FCJ Youth Network's current model of engaging with youth- From Youth to You: a toolkit for migrant youth.

During the fall season the Youth Network launched a couple of initiatives This is a toolkit for a growing need for youth, and particularly newcomer and precarious

migrant youth, to feel more valued and included in various services that they access in the City of Toronto.

This is a resource that prioritizes newcomer youth voices in fostering promising practices and addressing the less visible challenges faced by diverse newcomer youth populations.

The toolkit also outlines the FCJ Youth Network's current model of youth-engagement and youth leadership. Through this tool we want to encourage

other newcomer youth serving organizations to duplicate this model to have more community-centered youth-engagement policies and practices.

We are incredibly grateful for all of the support we received over the course of this project and know that we couldn't have done it without the generous support of the Laidlaw Foundation, our allies and community partners.

The Toolkit is available at FCJ Refugee Centre website.

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IT MEANS YOUTH
ENGAGING
THEMSELVES IN
DIFFERENT ACTIVITIES OR
GROUPS SO THAT THEY
WILL FEEL SAFE AND BE
ABLE TO
VOICE THEMSELVES.



MY VOICE

The video *my Voice* was launched in October. It reflects the challenges that non-status and refugees face in Canada, such as mental health. Many Canadian citizens don't know about the challenges that immigrants face in the country.

Under the direction of Anessa Hanson, the video shows the experience of many young people and the barriers they face when they arrive to Canada. Check out the video on the FCJ Refugee Centre website (www.fcjrefugeecentre.org) or FCJ Refugee Centre YouTube Channel (<https://www.youtube.com/watch?v=g3vfiFkVStc>)



Team of FCJ Refugee Centre on weekends

SATURDAYS PROGRAMS

Programs running on Saturdays from 10 am to 1:00 pm (except long weekends):

- Primary Care Clinic: Haben Tesfai
- English Classes team: Jin Choi, Ilse de Mucha Herrera, Hilda G. Jaimes, Lesley Ciarula Taylor and Lisa Miller
- Art Classes: Laura Ruiz
- Flu shots are given on site at FCJ Refugee Centre during the flu season

Primary Care and Mental Health Clinic:
Available for anyone experiencing barriers accessing healthcare

SATURDAYS PROGRAMS

FLU SHOTS

- > SHOTS ARE GIVEN ON SITE
- > WE SEE BOTH ADULTS AND CHILDREN

VACUNAS CONTRA LA GRIPE VACINA DA GRIPE GRIP AŞISI

INFLUENZA OLTÁS
انفلونزا أطلق عليه الرصاص

VACCIN CONTRE LA GRIPPE



PLEASE NOTE THAT WE SEE THE MEDICALLY UNINSURED.
IF YOU HAVE A HEALTH CARD, UHIP OR IFH YOU CAN
VISIT THE LOCAL PHARMACY LIKE SHOPPERS DRUG MART TO GET YOUR SHOTS.
PLEASE ASK STAFF TO BOOK AN APPOINTMENT.

FCJ Refugee Centre Staff

Francisco Rico, Co-director
Loly Rico, Co-Director

**Sr. Lois Anne Bordowitz, Board of
Directors Chair**

**Carolina Teves, Popular
Education and Communication
Coordinator**

**Philip Ackerman, Resource
Development and Youth
Coordinator**

**Tanya Aberman, Research and
Project Coordinator**

**Kanishka Basnayake, Finance &
Operations Coordinator**

**Georvina B. Gomes, Transitional
Housing Worker**

**Heather Jessome, Anti – Human
Trafficking Project Coordinator**

**Aurora Canales, Intake and Case
Management**

**Diana Gallego, Immigration and
Refugee Worker**

**Haben Tesfai, Health and Well-
Being Worker**

**Francois R. Dushimiyimana, Office
Administrator**

THE BRAVE BEAR PROJECT

FCJ Refugee Centre wants to thank The Brave Bear Project which donated 150 stuffed animals for refugee children. The toys were collected through donations from the children. The Brave Bear Project's mission is to empower children with the ability to give comfort and support to less fortunate children of war, illness, and/or poverty, through the donation of a personalized teddy/ stuffed animal.

Jillian Her, who is leading this initiative, explained that it is very important to teach our children about the importance of giving to those in need, and we want them to feel they are making a difference directly.

The donation to FCJ Refugee Centre is their first experience. The next step will be giving some teddies to Syrian Refugee children who are coming into the Waterloo Region before Christmas, through local schools they will be attending, explained Jillian.

FCJ Refugee Centre is giving away the Brave Bears to refugee children during this holiday season.

Thank you for your support!!!

