



# TORONTO SOLI\*DARITY ACCESS GUIDE

Support for Migrants Regardless of  
Immigration Status



Scan for the interactive map and  
direct links to solidarity supports



SOLI\*CITY

# TORONTO SOLIDARITY RESOURCE TOOLKIT

A community-curated guide to inclusive services for people with precarious or no immigration status

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# WELCOME!

## PURPOSE OF THE GUIDE

This guide was created to support immigrants in Toronto who may face barriers to access essential services. We recognize that not everyone is asked for the same documents or treated the same way when seeking care, housing, food, or support.

The goal of this access guide is to make it easier to find places that are safe, low-barrier, and inclusive. Every organization listed was contacted directly by Soli\*City to confirm that they offer services without requiring government-issued ID or proof of immigration status.

Whether you're navigating a new city, facing transitions, or supporting someone else, this guide is here to help you find support, with respect and care.

This toolkit aims to foster community solidarity and ensure that everyone, including those without status, can access essential services in the city.

# HOW TO USE THIS TOOLKIT

This guide is designed to be easy to navigate. Follow the steps below to find and access status-inclusive resources and services available in Toronto.



Browse the sections of the toolkit to review the types of services that are included.



View pages 20 and 21 to find the map of where the resources are located, and their contact information.



Contact the organizations directly for additional information or to access support.

# GENERAL RESOURCES

Toronto is home to many city-wide platforms that offer information and referrals on a wide range of services. These general resources are helpful starting points for finding services across sectors, and many are regularly updated. While this access guide focuses on status-inclusive services, these general directories may also include helpful resources.

## **Examples include:**

### **City of Toronto Newcomer Services Kiosks**

Free help desks at libraries and civic centres where newcomers can get support with housing, healthcare, jobs, and more, in many languages.

You can find the kiosk closest to you at: <https://www.toronto.ca/community-people/moving-to-toronto/after-you-arrive-checklist/newcomer-services-kiosks/>

### **Fair Pass Transit Discount Program**

Provides a 6% discount on TTC adult single ride fares and a 21% discount on TTC adult monthly passes for those meeting the eligibility requirements. The application for the fair pass can be found [here](#).

### **Settlement.org/etablissement.org**

A provincial information hub offering reliable, up-to-date guidance for newcomers on everything from legal rights to education, housing, and healthcare. [etablissement.org](http://etablissement.org) is the French-language version of the site.

### **311 Toronto**

A city-run phone and online service that connects residents to municipal services, information, and programs in multiple languages.

### **211 Ontario**

A free, 24/7 helpline and searchable online directory that provides referrals to social and community services across the province.



# HEALTH SERVICES

Clinics providing healthcare services for people without OHIP coverage.

Organization	Services	Details
<b><u>The Canadian Centre for Refugee and Immigrant Health Care</u></b>	<ul style="list-style-type: none"><li>• General Medicine &amp; Primary Care Clinics</li><li>• Dental Clinic</li><li>• Access to diabetes care and management</li><li>• Dietitian &amp; Nutritional Services</li><li>• Children and Youth New to Canada (CYNTC) medical care program</li><li>• Scarborough Women's At-Risk Newcomer's (SWAN) Clinic</li></ul>	See interactive map or <a href="#">website</a> for hours and location.
<b><u>FCJ Refugee Centre</u></b>	Primary Health Clinic: Assistance navigating the health system, transitional primary care and psychiatry services.	<u>By appointment only.</u> Only for people without insurance coverage.
<b><u>Parkdale Queen West Community Health Centre</u></b>	Primary care, mental health support, harm reduction services.	Multilingual services.



# HEALTH SERVICES

Clinics providing healthcare services for those without OHIP coverage.

Organization	Services	Details
<b><u>Unison Health &amp; Community Services</u></b>	<ul style="list-style-type: none"><li>• <u>Primary Care</u></li><li>• <u>Foot care (chiroprody)</u></li><li>• <u>Nutrition services</u></li><li>• <u>Diabetes education</u></li><li>• <u>Harm reduction services</u> (kits, hep C &amp; overdose prevention)</li><li>• HIV testing</li><li>• Wellness programming</li></ul>	<p>Most services are for clients in <u>Unison's catchment area</u>.</p> <ul style="list-style-type: none"><li>• Harm reduction &amp; HIV testing: Drop-in at Keele-Rogers and Lawrence Heights (Tues 1-2 PM, Thurs 2-3 PM)</li><li>• Diabetes intake: 647-260-0310 ext. 3303</li><li>• Referrals: 416-787-1661 x1020 or online form</li></ul>
<b><u>The Scott Mission</u></b>	<p><u>Health Clinic</u></p> <ul style="list-style-type: none"><li>• currently only assisting current clients and community members</li><li>• referral services available to other clinics</li></ul>	<ul style="list-style-type: none"><li>• Currently located within a men's shelter.</li><li>• The Scott Mission has plans to expand its clinic to accommodate more community members, including women and children.</li><li>• Services available in English, Spanish, Arabic, Cantonese, Tamil, Senegalese, French, Portuguese, Tagalog.</li></ul>



# HOUSING & SHELTER SUPPORT

Organizations offering housing and shelter support without requiring proof of immigration status.

Organization	Services	Details
<b><u>FCJ Refugee Centre</u></b>	<p>Transitional Shelter for Women and Children</p> <ul style="list-style-type: none"><li>• Temporary shelter</li><li>• Support with medical appointments</li><li>• Other settlement needs such as: opening a bank account and language classes</li></ul>	<p><u>Temporary shelter</u> open to any woman and her children for up to one year, regardless of immigration status.</p>
<b><u>Scott Mission</u></b>	<p><u>Men's Shelter Program</u></p> <ul style="list-style-type: none"><li>• Can be accessed through the City of Toronto Assessment &amp; Referral Center at 129 Peter St., 416-392-0090</li></ul>	<p>Services available in English, Spanish, Arabic, Cantonese, Tamil, Senegalese, French, Portuguese, Tagalog.</p>
<b><u>Unison Health &amp; Community Services</u></b>	<ul style="list-style-type: none"><li>• <u>Housing Help and Support:</u> Housing applications, searches, and landlord advocacy.</li><li>• <u>Energy Assistance:</u> Help with LEAP, EEF, OESP</li><li>• <u>Streets to Homes:</u> Post-housing support for individuals placed in housing (referrals from City of Toronto only).</li></ul>	<ul style="list-style-type: none"><li>• Housing Help &amp; Energy assistance: For individuals roughly in KR/JT <u>catchment area</u>, call for intake</li><li>• Streets to home: Clients who have been housed in West Toronto</li><li>• Intake and referral are managed by the City of Toronto Streets Outreach Program</li></ul>



# LANGUAGE, EDUCATION & EMPLOYMENT SUPPORT

Organizations offering employment support without requiring proof of immigration status.

Organization	Services	Details
<b><u>FCJ Refugee Centre</u></b>	English Classes, beginner and intermediate levels.	Classes take place online, <a href="#">see FCJ website to register</a> .
<b><u>Migrant Resource Centre Canada (MRCC)</u></b>	Education and Training: Workshops and thematic education series	These workshops are focused on empowering individuals and immigrant communities to address the unequal relations of power and encouraging collective responses.
<b><u>The Mary Ward Centre</u></b>	Elementary, secondary, and adult education programs	Focused on themes of justice, spirituality, and social awareness.
<b><u>Parkdale Intercultural Association</u></b>	<ul style="list-style-type: none"><li>• Community Child Minder Training</li><li>• Computer classes</li><li>• Cashier Training Workshop</li><li>• Financial Literacy workshop</li><li>• Citizenship preparation classes</li><li>• Driver's licence written test preparation class</li></ul>	<ul style="list-style-type: none"><li>• Serves folks in the Parkdale area.</li><li>• Short term child minding available.</li><li>• Services available in 14 languages.</li></ul>



# LANGUAGE, EDUCATION & EMPLOYMENT SUPPORT

Organization	Services	Details
<b><u>Kababayan Multicultural Centre</u></b>	<ul style="list-style-type: none"><li>• Interpretation and language assistance</li><li>• Information sessions on relevant topics (e.g. healthcare access, housing, workers' rights)</li></ul>	Services are available in English, Hindi, Nepali, Tagalog, and Spanish.
<b><u>Caregiver Connections, Education and Support Organization (CCESO)</u></b>	<ul style="list-style-type: none"><li>• Educational &amp; information Sessions</li><li>• Skills Development Workshops</li><li>• Leadership and Advocacy Training</li><li>• Social Events and Trips</li><li>• Individual and Group Support</li></ul>	Visit the CCESO website for their " <a href="#"><u>Migrant Caregiver's Manual</u></a> " and additional resources.
<b><u>The Sanctuary Students Solidarity and Support Collective (S4)</u></b>	<ul style="list-style-type: none"><li>• Advocacy for equitable education</li><li>• Workshops</li><li>• Consultations around administrative, logistical, and safety information for organizations and students.</li></ul>	Focused on supporting undocumented and marginalized students navigating education systems in Ontario. Services are offered in collaboration with schools and community partners.



# FOOD PROGRAMS AND COMMUNITY KITCHENS

Organizations offering food services without requiring proof of immigration status.

Organization	Services	Details
<b><u>FCJ Refugee Centre</u></b>	Food Security Program <ul style="list-style-type: none"> <li>• Distribution of perishable and non-perishable food items</li> </ul>	<u>Food distribution</u> takes place every other Thursday, from 2:00PM to 4:00pm
<b><u>Parkdale Community Food Bank (PCFB)</u></b>	<ul style="list-style-type: none"> <li>• Drop-In Grocery Program</li> <li>• Grocery Delivery Program</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Registry at the Daily Bread Foodbank Website.</u></li> <li>• Volunteers speak a wide variety of languages.</li> </ul> Hours: <ul style="list-style-type: none"> <li>• Wednesday 10AM to 4:30 PM ,</li> <li>• Thursday 10AM to 4:30 PM</li> <li>• Friday 4 PM to 8 PM</li> <li>• Saturday 10 AM - 4:30 PM</li> </ul>
<b><u>Norseman Community Food Bank</u></b>	Food Bank	<ul style="list-style-type: none"> <li>• <u>Registry at the Daily Bread Foodbank Website.</u></li> <li>• Every Saturday, 9:30am-11:30am</li> <li>• Services offered in: English, French, Ukrainian, occasional Spanish &amp; occasional Filipino.</li> </ul>



# FOOD PROGRAMS AND COMMUNITY KITCHENS

Organizations offering food services without requiring proof of immigration status.

Organization	Services	Details
<b><u>Mabelle Food Program</u></b>	Food Bank	<p>Food Bank open on Wednesdays from 10:30am-12:30pm.</p> <p>Individuals can <u>register at the Daily Bread Foodbank Website.</u></p>
<b><u>Centre for Spanish Speaking Peoples (CSSP)</u></b>	Food Bank	Operates bi-weekly on Fridays, serves all York- Centre community members.
<b><u>The Stop Community Food Centre</u></b>	<ul style="list-style-type: none"> <li>• Food Bank</li> <li>• Drop-in Meals</li> <li>• Good Food Market (GFM)</li> </ul>	<p>Food bank (1884 Davenport):</p> <ul style="list-style-type: none"> <li>• Mondays &amp; Fridays, 10 AM-2 PM.</li> <li>• Once per month access for catchment residents; once every 6 months for others.</li> </ul> <p>Drop-in meals:</p> <ul style="list-style-type: none"> <li>• 1884 Davenport Rd- Breakfast &amp; lunch served Mondays, Tuesdays, Thursdays &amp; Fridays, 9AM &amp; 12PM.</li> <li>• 729 St. Clair W- Breakfast &amp; lunch served Wednesdays and Thursdays at 9AM &amp; 12PM. Dinner service, Thursdays at 4PM</li> </ul> <p>GFM (1884 Davenport): Tuesdays, 2 PM to 3 PM.</p>



# GENDER-BASED VIOLENCE SUPPORT

Organizations offering services without requiring proof of immigration status.

Organization	Services	Details
<p><b><u>Assaulted Women's Helpline (AWHL)</u></b></p>	<p>AWHL offers a 24-hour telephone crisis line to women who have experienced abuse.</p> <ul style="list-style-type: none"><li>• Crisis Counselling</li><li>• Emotional support</li><li>• Safety planning</li><li>• Exploring your options</li><li>• Online Counselling</li><li>• Phone interpreting available in up to 240+ languages</li><li>• Referrals</li></ul>	<ul style="list-style-type: none"><li>• toll-free: 1 (866) 299-1011, this number will not show up on your phone bill</li><li>• Online counselling: <a href="http://awhl.org">awhl.org</a></li></ul>
<p><b><u>Oasis Centre des femmes</u></b></p>	<ul style="list-style-type: none"><li>• Immigration and settlement support program.</li><li>• Family court support program.</li><li>• Transitional and housing support program.</li><li>• Counseling program.</li><li>• Anti human-trafficking services program.</li><li>• Community liaison program.</li><li>• Economic programs:<ul style="list-style-type: none"><li>◦ ELAN-job readiness support program;</li><li>◦ TREMLIN-entrepreneurship support program.</li></ul></li></ul> <p><u>Fem'aide</u>: a 24/7 crisis line that supports women 16 and up dealing with issues related to violence or otherwise</p>	<p>Offers services in French to individuals 16 and up who identify as women in Toronto and Halton/Peel affected by violence.</p> <p>Fem'aide helpline: 1-877-366-2433</p>



# GENDER-BASED VIOLENCE SUPPORT

Organizations offering services without requiring proof of immigration status.

Organization	Services	Details
<b><u>North York Women's Centre (NYWC)</u></b>	<ul style="list-style-type: none"><li>• Women's Empowerment Series (WES): Group sessions with personal support for growth and positive change</li><li>• Drop-in Women's Lounge: safe space to connect, share, and access NYWC staff and resources</li></ul>	Women's Lounge is held on Monday evenings from 6 PM -8 PM & Wednesday afternoons from 2PM-4PM.
<b><u>Centre for Spanish Speaking Peoples</u></b>	<ul style="list-style-type: none"><li>• Telephone and in-person crisis counselling</li><li>• Educational information workshops</li><li>• Support groups</li><li>• Transitional housing</li><li>• Orientation and legal rights information</li></ul>	Serves the Spanish Speaking Community.
<b><u>Nellie's</u></b>	Emergency Shelter, Transitional Housing Support, Counselling and Emotional Support, Advocacy and case management, children's programming, food support, workshops, referrals.	Interpretive services available.
<b><u>Barbra Schlifer Commemorative Clinic</u></b>	Trauma-informed legal services and representation, counselling and multilingual interpretation to support women and gender diverse people who have experienced violence.	300 interpreters and more than 170+ languages



# LEGAL AID & IMMIGRATION SUPPORT

Organizations offering legal services without requiring proof of immigration status.

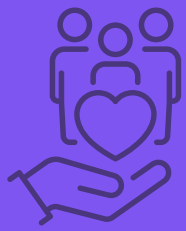
Organization	Services	Details
<b><u>FCJ Refugee Centre</u></b>	Immigration Help & Refugee Protection	Visit the FCJ refugee Centre website for <u>additional resources</u> relating to immigration help.
<b><u>Parkdale Community Legal Services</u></b>	<ul style="list-style-type: none"><li>• Assist with immigration applications</li><li>• Provides legal support and advocacy support for tenants</li><li>• Legal Information workshops</li></ul>	<ul style="list-style-type: none"><li>• Must reside in the Parkdale area.</li><li>• Interpretation and language services.</li><li>• Disability accommodations upon request.</li></ul>
<b><u>Centre for Spanish Speaking Peoples</u></b>	Services are case dependant	Serves the Spanish speaking community.
<b><u>Kababayan Multicultural Centre</u></b>	Support with filling out forms and documentation.	Services are available in English, Hindi, Nepali, Tagalog, and Spanish.
<b><u>Unison Health &amp; Community Services</u></b>	<u>Legal Clinic</u> : Free help with OW, ODSP, housing, immigration, human rights, employment, and pensions.	<ul style="list-style-type: none"><li>• Serving City of York (Roughly KR/JT catchment).</li><li>• Phone legal reception for registration and appointment.</li></ul>



# MENTAL HEALTH & WELLNESS SERVICES

Organizations offering mental health and wellness services without requiring proof of immigration status.

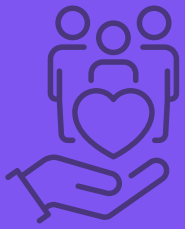
Organization	Services	Details
<b><u>The Canadian Centre for Refugee &amp; Immigrant Healthcare</u></b>	Mental Healthcare & Counselling	Free, trauma-informed counselling.
<b><u>Centre for Spanish Speaking Peoples</u></b>	<ul style="list-style-type: none"><li>• HIV and sexual health counseling</li><li>• Self-testing kits and STI info</li><li>• Harm reduction resources and supplies</li><li>• LGBTQI+ and trans-focused workshops</li><li>• Peer and group support (e.g., for gay men with HIV)</li><li>• Family and grief support</li><li>• Referrals</li><li>• Safe sex and prevention education</li></ul>	Serves the Spanish speaking community.
<b><u>Unison Health &amp; Community Services</u></b>	<ul style="list-style-type: none"><li>• <u>Mental Health Team</u>: Support for mild to moderate mental health needs.</li><li>• <u>Social Work Services</u>: Help with mental health, substance use, chronic illness, medication management.</li><li>• Wellness Program: Group-based supports to promote emotional and physical wellbeing.</li></ul>	<p><u>Unison Catchment</u> only. Mental health &amp; social work: External referrals accepted. Please note language/cultural needs and urgency.</p> <p>Wellness: Self-referral online or by calling 416-787-1661 x.1020.</p>



# YOUTH, FAMILY, & CULTURAL SUPPORTS

Organizations offering support services for youth, families, and cultural communities without requiring proof of immigration status.

Organization	Services	Details
<p><b><u>OCASI</u></b></p>	<ul style="list-style-type: none"> <li>• <u>NewYouth &amp; NouveauxJeunes</u> (French): Online community for immigrant youth providing resources on daily life, school, health, work, &amp; immigration</li> <li>• <u>CitizenshipCounts.ca</u> &amp; <u>DeviensCitoyen.ca</u> (French): Websites that help young newcomers learn about Canadian citizenship and study for the Canadian citizenship test</li> </ul>	<p>NewYouth: read articles, watch informative videos on newcomer youth related issues.</p> <p>CitizenshipCounts: study guides, flashcards, and online quizzes.</p>
<p><b><u>Support Enhance Access Service Centre (S.E.A.S)</u></b></p>	<ul style="list-style-type: none"> <li>• Family services</li> <li>• Neighbourhood support services</li> <li>• Senior services</li> <li>• Youth services</li> <li>• Filipino community support and development</li> <li>• Syrian community support and development</li> </ul> <p>&amp; more!</p>	<p>Locations in Scarborough, Regent Park, North York and Markham. Visit website to view the <u>monthly activity schedule</u> for each location.</p>
<p><b><u>Centre for Spanish Speaking Peoples</u></b></p>	<p>Senior's program</p> <ul style="list-style-type: none"> <li>• Health, nutrition and well-being services</li> <li>• Arts and culture workshops</li> <li>• Information technology-computer training</li> <li>• Legal rights education</li> </ul>	<p>Services available to Spanish speaking seniors.</p>



# YOUTH, FAMILY, & CULTURAL SUPPORTS

Organizations offering support services for youth, families, and cultural communities without requiring proof of immigration status.

Organization	Services	Details
<b><u>Kababayan Multicultural Centre</u></b>	Seniors (55+) and Women's Programs: Focused on social connection and information-sharing. Covering topics such as <ul style="list-style-type: none"><li>• Brain health</li><li>• Fall prevention</li><li>• Nutrition</li><li>• Positive parenting</li></ul>	Services available in English, Hindi, Nepali, Tagalog, and Spanish.
<b><u>FCJ Refugee Centre</u></b>	<u>Youth Program</u> <ul style="list-style-type: none"><li>• FCJ Youth network</li><li>• Youth Case Management</li><li>• Settlement</li><li>• Integration</li><li>• Community Outreach</li></ul> <u>Access to Education Program</u> <ul style="list-style-type: none"><li>• School Enrollment</li><li>• Uprooted Series</li></ul>	Visit the FCJ refugee Centre site for more details on the programs listed, and additional resources.
<b><u>Unison Health &amp; Community Services</u></b>	<ul style="list-style-type: none"><li>• <u>Pathways to Education</u>: Academic mentoring, tutoring, and financial support for high school students.</li><li>• <u>Prenatal &amp; Parenting Support (unison catchment)</u></li><li>• <u>Adult Protective Services</u>: Support for adults with developmental disabilities (via DSO referral only).</li></ul>	<ul style="list-style-type: none"><li>• Pathways to Education Catchment: Lawrence Heights, Lotherton, Neptune &amp; surrounding communities</li><li>• Adult protective services: Reside west of Yonge Street in Toronto</li></ul>



# ADVOCACY & REFERRALS

Organization	Services	Details
<p><b><u>Romero House</u></b></p>	<p>Connecting to:</p> <ul style="list-style-type: none"> <li>• ESL resources</li> <li>• Legal aid &amp; immigration help</li> <li>• Healthcare</li> <li>• Community resources</li> </ul>	<p>Contact Romero House for more information.</p>
<p><b><u>Workers Action Centre (WAC)</u></b></p>	<p>Visit the WAC site to find <u>resources</u> on:</p> <ul style="list-style-type: none"> <li>• Your Rights at Work</li> <li>• Factsheets on basic employment standards, minimum wage, &amp; more.</li> </ul>	<p>Resources available in Bengali, Chinese, Spanish, Punjabi, Somali, and Tamil.</p>
<p><b><u>Collaborative Network to End Exploitation</u></b></p>	<p>Advocacy, education, and community mobilization to address and prevent human exploitation.</p>	<p>A network of faith-based groups and community organizations raising awareness about exploitation and advocating for systemic change.</p>
<p><b><u>Migrante Ontario</u></b></p>	<p>Education and advocacy, leadership and skills training.</p>	<p>Part of an international grassroots network defending the rights of Filipino migrant workers and undocumented people.</p>
<p><b><u>Kababayan Multicultural Centre (KMC)</u></b></p>	<ul style="list-style-type: none"> <li>• Needs assessment &amp; service planning.</li> <li>• Referrals</li> </ul>	<p>Services are available in English, Hindi, Nepali, Tagalog, and Spanish.</p>
<p><b><u>North York Women's Centre (NYWC)</u></b></p>	<p>1:1 Peer Support: Individualized guidance toward appropriate referrals and support services across Toronto and Ontario.</p>	<p>Contact NWYC for more information.</p>

# CONTACT INFORMATION

## **Assaulted Women's Helpline (AWHL):**

- Phone:
  - GTA-888-795-5209
  - TOLL-FREE 1 888-795-5209
  - TOLL-FREE TTY 1 888-795-5209

## **Barbra Schlifer Commemorative Clinic**

- Phone: 416-323-9149
- Address: 489 College Street, Suite 503, Toronto, Ontario

## **Centre for Spanish Speaking Peoples (CSSP)**

- Phone: +1 416-533-8545
- Address: 2141 Jane Street, Toronto, ON M3M 1A2

## **Collaborative Network to End Exploitation**

- Phone: 416-467-8070 Ext. 2676
- Address: 101 Thorncliffe Park Drive, Toronto, ON, M4H 1M2

## **FCJ Refugee Centre**

- Address: 208 Oakwood Ave, Toronto, ON M6E 2V4
- Phone: 416-469-9754 (WhatsApp: 437-217-3786)

## **Kababayan Multicultural Centre**

Downtown Toronto:

- Phone: (416) 532-3888
- Address: 1313 Queen St. West

North York

- Phone: (416) 633-5056
- Address: 540 Finch Ave. West

Toronto Public Library Parkdale Branch

- Phone: (647) 836-9578
- Address: 1303 Queen St. W., Toronto

## **Mabelle Food Program**

- Phone: 416-239-1131
- Address: 49 Mabelle Avenue, Etobicoke, ON MPA5B1

## **Migrant Resource Centre Canada (MRCC)**

- Phone: +1 866-275-4046
- Address: 2482 Dufferin St #204, York, ON M6B 3R1

## **Migrante Ontario**

- migcanada.on@gmail.com

## **Nellie's**

- Phone: 416-461-8903

## **North York Women's Centre**

- Phone: 416-781-0479 (call or text)
- Address: 116 Industry Street, Toronto, Ontario, M6M 4L8.

## **Norseman Community Food Bank**

- Phone: 416-231-6483
- Address: 763 Royal York Rd.

## **Oasis Centre des femmes**

- Phone: Toronto: 416-591-6565, Brampton: 905-454-3332
- Address: 465 Yonge Street, Toronto (ON), M4Y 2W5

Fem'aide:

- Phone: 1-877-366-2433 (call or text)

## **OCASI**

- Phone: 416-322-4950
- Address: 110 Eglinton Ave W, Suite 200, Toronto, ON M4R 1A3

## **Parkdale Community Foodbank (PCFB)**

- Phone: 416-532-2375
- Address: 5 Brock Avenue (Rear Unit), Toronto, ON M6K 2K6

## **Parkdale Community Legal Services**

- Phone: 416-531-2411
- Address: 1229 Queen St W, Lower Level, Toronto, ON M6K 1L2

## **Parkdale Intercultural Association**

- Phone: (416) 536-4420
- Address: 1257 Queen St W, Toronto, ON M6K 1L5

## **Parkdale Queen West Community Health Centre**

- Phone: (416) 537-2455
- Address: 1229 Queen St W, Toronto, ON M6K 1L2

# CONTACT INFORMATION

## **Romero House**

- Phone: (416) 763-1303
- Address: 1558 Bloor St W, Toronto, ON M6P 1A4

## **Support Enhance Access Service Centre (S.E.A.S)**

- Phone: (647) 656-6984
- Address: 328-4168 Finch Ave E, Toronto, ON M1S 5H6

## **The Canadian Centre for Refugee and Immigrant Health**

- Phone: 4158 Sheppard Ave E, Scarborough, ON M1S 1T3
- Address: (647) 267-2176

## **The Mary Ward Centre**

- Phone: (647) 259-2951
- Address: Loretto College, 70 St Mary St, Toronto, ON M5S 1J3

## **The Sanctuary Students Solidarity and Support Collective (S4)**

- Email: s4collectiveTO@gmail.com

## **The Scott Mission**

- Phone:
  - Main: 416-923-8872
  - Food Bank & Free Clothing Store: 416-923-3916
  - Meals: 416-923-3916
  - Men's Shelter: 647-696-1372
- Address: 502 Spadina Avenue, Toronto, Ontario M5S 2H1

## **The Stop Community Food Centre**

- Phone: 416-652-7867
- Addresses:
  - 1884 Davenport Road
  - 601 Christie Street
  - 729 St. Clair West

## **Unison Health & Community Services**

- Lawrence Heights (LH): Head Office
  - Phone: 416-787-1661
  - Address: 12 Flemington Road, Toronto, ON M6A 2N4
- Bathurst-Finch (BF)
  - Phone: 647-436-0385
  - Address: 540 Finch Avenue West, Toronto, ON M2R 1N7
- Jane-Trethewey (JT)
  - Phone: 416-645-7575
  - Address: 1541 Jane Street, Toronto, ON M9N 2R3
- Keele-Rogers (KR)
  - Phone: 416-653-5400
  - Address: 1651 Keele Street, Toronto, ON M6M 3W2
- Pathways to Education
  - Phone: 416-787-6800, ext 5245
  - Lawrence Square Mall, 700 Lawrence Ave. W., Ste 440B, Toronto, Ontario M6A 3B4
- Oakwood-Vaughan (OV)
  - Phone: 647-798-0441
  - 501 Oakwood Ave, Toronto, Ontario M6E 2W8

## **Workers Action Centre (WAC)**

- Phone: (416) 531-0778
- Address: 720 Spadina Ave., Toronto, ON M5S 2T9