

# DO YOU WANT TO BECOME A PEER MENTOR AND SHARE YOUR KNOWLEDGE AND SKILLS WITH WOMEN



## Benefits:

- Improve self-confidence and communication skills
- Receive a certificate
- Facilitation skills training
- Honorarium for facilitating a workshop



[www.fcjrefugeecentre.org](http://www.fcjrefugeecentre.org)

[info@fcjrefugeecentre.org](mailto:info@fcjrefugeecentre.org)

You are welcome to come and talk on any topic:

- How to use henna
- Vegan cooking
- Basic sewing
- Yoga
- Food from your country
- Hair braiding
- Computer skills
- Etc.

## SCHEDULE

Schedule is flexible according to your availability

## REGISTRATION:

Contact Blanca Cruz at:

[blancacruz@fcjrefugeecentre.org](mailto:blancacruz@fcjrefugeecentre.org)

or by phone;

416 -469 97 54

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