

FCJ Refugee Centre invites you to a series of workshops that will focus on topics/information that you can apply in your daily life.



FCJ Refugee  
Centre

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The workshops are possible thanks to the support of Catherine Donnelly Foundation

**All Women  
Count:  
Workshops  
for Newcomer  
Women**



## All Women Count

The workshops will focus on developing effective problem-solving behaviours used to adapt and apply to areas of responsibility:

- Health and self-care
- Recreation
- Housing
- Beauty tips
- Jewelry Making
- Facilitation skills
- And more

TTC tokens will be provided  
Time: 4:00pm - 6:00pm

# WORKSHOPS SERIES SCHEDULE Spring/Summer 2017

- **June 1:** METRAC- Criminal Law and Violence Against Women
- **June 8:** METRAC- Child and Spousal Support
- **June 15:** Parkdale Community Legal Clinic- Dealing with the Lawyer
- **June 22:** George Brown College- Indigenous Peoples History
- **July 06:** METRAC- Help for Family Law Issues
- **July 13:** Canadian Centre for Victims of Torture- Mental Health and Wellness : dealing with stress, self-care and depression
- **July 20:** METRAC- Tenant Rights for Abused Women
- **August 3:** Public Health Toronto- Relationships and Sexual Health

- **August 10:** METRAC- Workplace Rights
- **August 17:** Financial Planning
- **August 24:** Catholic Cross Cultural Communication Centre- Resumes, Cover Letters and Interviews
- **August 31:** Catholic Cross Cultural Communication Centre- Resumes, Cover Letters and Interviews

**LOCATION OF THE WORKSHOPS:  
FCJ REFUGEE CENTRE**

**For any further information please contact  
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