

Access to Free Professional Psychotherapy and Counselling for Refugee Claimants and Other groups



Agenda

- Canmex Group
- Goals of the Psychotherapy Program
- Interim Federal Health Program (IFHP)
- Who is Covered by the IFHP?
- Who manages IFHP?
- Mental Health Practitioners Covered by IFHP
- List of Canmex Therapists
- Therapists Perspectives

Goals

1. Bridge the gap between Refugee Claimants and Mental health practitioners
2. Provide Mental Health Counselling, emotional support, and guidance to to all refugee claimants.
3. Support refugee claims with innitial assessment and notes



Interim Federal Health Program (IFHP)

- The Interim Federal Health Program (IFHP) provides limited, temporary coverage of health-care benefits for specific groups of people in Canada who don't have provincial, territorial, or private health-care coverage.
- the program helps to protect the health and safety of beneficiaries and Canadians.



Who manages The Interim Federal Health Program (IFHP)?

- The program is managed through an company called Blue Cross Medavie, which is an Insurance company



Who is covered by IFHP?

I-Resettled refugees:

- Government-Assisted Refugees (GARs)
 - Blended Visa Office-Referrred Refugees (BVORs)
 - Joint Assistance Sponsorship Program Refugees
 - Certain refugees sponsored by organizations in cost-sharing agreements with IRCC
- Certain people who are being resettled in Canada because of a public policy or humanitarian and compassionate considerations on the Minister's own initiative
 - Privately Sponsored Refugees (PSRs)
 - People who receive a positive decision on their asylum claim
 - People who receive a positive decision on their PRRA and become a protected person

Who is covered by IFHP?

II- Refugee claimants

A refugee claimant is a person who makes a claim for refugee protection in Canada. This includes a refugee claimant

- **waiting for a decision** on whether their claim is eligible to be referred to the Immigration and Refugee Board (IRB)
 - whose claim for refugee protection has been **referred to the IRB** and who is waiting for a final decision from the IRB on their claim
 - whose claim for refugee protection has been **rejected by the IRB**
 - whose claim for refugee protection is ineligible to be referred to the IRB but who is eligible to apply for a pre-removal risk assessment (PRRA)
- who gets a positive decision on a PRRA and receives a stay of removal

Who is covered by IFHP?

III- Victims of human trafficking

- Victims of human trafficking who have a valid temporary resident permit

Who is allowed to provide Mental Health Care under IFHP?

- Mental health hospitals and clinics
- Clinical psychologists
- Register psychotherapists
- Social Workers with Master's Degrees
- Psychiatrists



Canmex Therapist

- Jose Luis Lopez Vargas (CRPO*) English-Spanish
- Jose Caceres (CRPO) English-Spanish
- Celia Beatriz Sanchez (CRPO) English-Spanish
- Heidi Zhang (OCSW*) EnglishMandarin-Cantonese
- Abdul Wadud Towfeq (OCSW) English
- Fatima Khan (CRPO) EnglishHindu
- Kruti Lalit (CRPO) English-Hurdu
- Zahra Kolhdou (CRPO) English-Dari
- Aditi Kaul (CRPO) English-Indu

*College of Register Psychotherapists of Ontario

*College of Register Social Workers of Ontario



Together we can support and guide
some of the most vulnerable
Groups in our society



Thanks!

Contact us:

Canmex Group Inc.
24 Rosseau Rd.
North York, Ontario
M3H 3G2

groupcanmex@gmail.com

Tel: 647-763-5817

Fax:647-578-8710

